

The Rhapsody

Spring 2014

Official Publication of the Tau Beta Sigma Alumni Association



Tau Beta Sigma Alumni Association

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The RHAPSODY is a publication of the TBSAA, a non-profit organization.

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Submissions to the RHAPSODY can be made at any time to tbsaa@tbsigma.org.

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From the TBSAA Chair: Spring has sprung!

Sisters and friends,

It's an exciting time to be an alumni of Tau Beta Sigma! We are excited for the dedication of the Wava Memorial Rose Garden this summer, as well as many great projects going on in the TBSAA at the district and national level. This spring, members of the Executive Council have been traveling to district conventions to see the great work being done by our district-level alumni associations. It's inspiring to see TBSAA members across the country continuing to do their part toward the success of the Sorority. If you are looking to join a district-level alumni association, contact information is listed for each of the six district alumni associations on page 5 inside this issue.

Nationally, the TBSAA Special Projects Committee is preparing to unveil our first TBSAA grant program that will be offered to current TBSAA members. The first of these grants will be given to projects involving music programs including music performance, education, composition/arranging, conducting, therapy, music technology or arts management as its main component. Grant criteria

and applications will be released in September of this year, with the applications due in April 2015. The winner will be announced at the 2015 National Convention in Lexington, Kentucky. The Special Projects Committee will be sending out more information as the submission deadline grows nearer.

This past National Convention in Springfield, Massachusetts, Leslie Twite and Jason Dornbush unveiled the Mentorship program on behalf of the TBSAA Executive Council. This program pairs recent college graduates with "seasoned veterans" in their career field, for guidance and support. This is a wonderful program which gives new professionals help and advice in their new career. Mentors and mentees are expected to give one hour a month for collaboration, with 10-guided topics. The mentee will be responsible for setting up the times with their mentor, the talks will be confidential, and may cover topics that the mentor and mentee feel fit to discuss.

You'll soon be receiving the annual letter reminding you to join TBSAA for another year. Our new membership year runs from June 1 to May



Amanda Dickson, TBSAA Chairperson

31 and we hope you'll join us again for another year including:

- ◆ July 2015 alumni activities in Stillwater, OK, to coincide with the dedication of the Wava Memorial dedication
- ◆ Participation at district conventions
- ◆ *The Rhapsody newsletter to keep you current on the latest TBSAA happenings
- ◆ Members-only LinkedIn group to connect professionally with other TBSAA members
- ◆ Financially supporting the Wava Memorial Garden, National Intercollegiate Band and the Women In Music speaker series through your membership.

Visit tbsalumni.org for more information. Feel free to email me with any questions about staying involved as an alumnus at amandad@tbsigma.org.



My So-Called TBS Life...

by Kathryn Kelly, MD – Eta Delta

In this installment of Alumni in "First Person," Dr. Kathryn Garrett Kelly from Howard University talks about how her experiences in Tau Beta Sigma have shaped her personal and professional lives.

When I was initiated into Tau Beta Sigma on April 22, 1998, I did not realize the impact it would have on my total life and trajectory. I don't know if I was just young and naive, but I just wanted to be able to serve the band. I did not realize that I would continue in leadership and basically schedule many of my life events around when District and National Conventions would occur. I did not realize then that 90+% of my friends would be in Tau Beta Sigma or Kappa Kappa Psi or that the 5 qualities and 8 essential factors would be the foundation for my daily action 16 years later.

As a physician, I have seen the lessons of Tau Beta Sigma play out in 2 different ways. First, the leadership opportunities afforded me through the organization have given me a strong leadership foundation and make me more attractive to employers. My work with the organization shows that I have varied interest and leadership characteristics that others have recognized. It also shows my loyalty and dedication to an entity which employers look for in strong candidates. Secondly, the Five Qualities and the Eight Essential Factors, truly guide my work and my attitude towards the tasks I take on. "Fortitude and courage to see an Ideal, to seize upon it, and to follow it

wherever it may lead you in (Medicine, Education, Teaching, Activism, Patient Advocacy)" has been a battle cry for me personally and professionally. It drives me to be bold and be driven to see things through and to follow my instincts. Another example is, "Gen-erosity of the mind, heart, and hand" which I take to mean that I need to be willing to share my gifts, not only in the sorority, but in my community.

As a human being, the ideals of this amazing sorority have sculpted my everyday interactions with others and especially with my sisters in the bond. "Cultivation and maintenance of your emotional poise under all conditions", "A truthfulness and honesty which instills a sense of trust in other" are just two of these which through practice, can just make us better citizens and friends. To be able to be a part of something that stresses these kinds of "golden rules of conduct" has added meaning and purpose to the activities I undertake, and next to my faith and family values, are guiding lights in my journey here on earth. This connection, I feel, fuels my fire for the organization and my passion for the spread of its purposes. These are the experiences I wish to share with both active students and alumni and I look forward to the next 16+ years!

Dr. Kathryn Kelly is an internal medicine physician in Silver Spring, Maryland. She lives with her husband, Jackie Kelly, Jr., a Brother of Kappa Kappa Psi, and has two children, Ajzha and Jackson. Kathryn is currently the Tau Beta Sigma National Vice President for Colonization & Membership.



The Kelly Family enjoying a vacation trip to Universal Studios. One of Kathryn's favorite photos!



Kathryn shares a "selfie" with her Kappa Kappa Psi counterpart, NVPCM Jack Lee. At the next national convention, they will stand for election to be the National Presidents.

Honoring Our Legacy

TBS WAVA BANES TURNER HENRY MEMORIAL GARDEN & KKP CABOOSE DEDICATION

JULY 26, 2014
STILLWATER, OKLAHOMA
KKΨ & TBS HQ



<http://www.kkytbs.org/dedication>

Tau Beta Sigma is working collaboratively to create a Memorial Rose Garden for our beloved Wava Banes Turner Henry. Our vision is to have a beautiful reflection garden and park that will honor Wava for many years to come and be located at the National Headquarters in Stillwater, Oklahoma.

The plans will include a black granite pedestal dedicated to Wava, reflection benches, a rose garden and other garden flowers and shrubs, as well as a fence and sidewalk around the garden area. Materials chosen for the Wava Memorial

are intended to last forever in our beautiful park so that students and alumni can celebrate our Founder and have a quiet, contemplative space during a HQ visit.

Also, this summer, the grand opening of the Kappa Kappa Psi Caboose will be celebrated. It is dedicated to the Brothers of Kappa Kappa Psi and made possible by the donation from the Wrights. Dedicated alumni, actives, and chapters also donated thousands of dollars to refurbish the caboose.

Following these events, there will be a catered BBQ dinner for registered guests. Don't miss out on this celebration of our legacy at our very own National Headquarters.

Visit www.kkytbs.org/dedication to register to attend.

Stay up to date on the event by searching Facebook for: "Honoring our Legacy: TBS Wava Banes Turner Henry Memorial Garden and KKPsi Caboose Dedication."

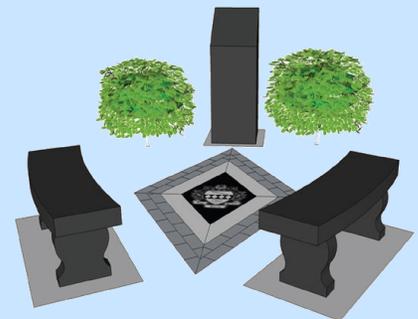
taubetasigma alumni association **Plans for Dedication Weekend**

With so many Tau Beta Sigma alumni planning to travel to Stillwater for the dedication of the Wava Rose Garden Memorial, the TBSAA will be sponsoring several fun events that weekend. While details are still being finalized and reservations being made, the TBSAA is working to include the following programming for alumni traveling to Stillwater for our Wava Weekend:

- ◆ Friday night social event and mixer
- ◆ Saturday morning trip to the Bricktown District in Oklahoma City

- ◆ Saturday evening at the memorial & caboose dedication activities
- ◆ Sunday luncheon
- ◆ TBS history presentation & discussion with Lisa Croston, National Historian
- ◆ Walking tour of Oklahoma State historical points (weather permitting)

More information will be posted on Facebook and at tbsalumni.org, and sent to TBS alumni, including RSVP information, in the coming weeks. Stay tuned!





Leslie Twite, TBSAA Finance Chair

Take a Trip

by Leslie Twite

Ok, so as Finance Chair, my usual topics include...money. I'd like to use this podium (haha, get it?) to talk about something different, but it'd be weird to not mention financial stuff, so here goes: make a budget, stick to it. Now we got that out of the way, let's talk about something we're all thinking about this convention season: travel.

As we have all learned from our active travel days, the journey to the destination is almost as fun and eventful as the destination itself. Nowadays, I am a boring adult, who takes planes and cabs to get to National and District events. I am more than blessed to have seen so much of the country, due to this amazing organization. But I will have to say that my favorite and most memorable trip was one of my first ones for the sisterhood.

My first district convention was in 2003 in Greeley, Colorado, and was an absolute blast. I have no recollection of the committee I was on, but I just knew that this organization was where I wanted to be. When we came back and started talking about National Convention, I immediately got pumped up. Let's go! There was a freshman brother named Leslie who was also interested in going, so off we went to plan.

Being freshmen whose ears were still soaking wet, we were realizing that a plane trip to Norfolk was too expensive, and driving was not an option for us two babies. Hey! What about Greyhound? It's cheap! 30 hour trip each way? We got this!

As you might have guessed, we did NOT "have this." We were not aware that the bus had connecting stops in bus stations. Every 2

hours, we were shuttled off a bus to wait in line for 20 minutes for another bus. We also did not realize that our bus came in at 9 o'clock in the morning, about 7 hours before when we could check into our hotel room. Delirious with exhaustion, we ended up trying to nap in a lounge area on the 2nd floor. Next thing we knew a security guard was standing over Leslie, while none other than Di Spiva was standing over me, concerned! There apparently was a report of what appeared to be two homeless people sleeping on the 2nd floor. Di had a premonition it was two chapter members, so she was nice enough to save us. She would not stop saying, "bless your hearts" as she tucked us into the beds in her hotel room. Bless Di's heart; so much.

From this convention, not only did I get a fantastic amount of stories, but also a lifelong best friend. I guarantee that when Leslie gives her Maid of Honor speech at my wedding this summer, this story will come up. I could not be happier about that.

So, what I'm trying to say is, why do these trips have to stop with college? If you haven't been to a convention in a while, make it a point to go again. I understand that we do not have a lot of vacation time, but what's a day? Go to National Convention! If you're within an 8-hour drive from Lexington, take a Friday off work and make it to convention for a few days. Trust me, you'll be happy you did. Add some new memories to your "Tau Beta bank."

Got a fun travel story to share? Write about it, and get it put in the next Rhapsody! Email tbsaa@tbsigma.org for questions, or to submit a story.

"There apparently was a report of what appeared to be two homeless people sleeping on the 2nd floor."



Leslie is a road trip authority!



Join us for
National Convention 2015
tbsaa Lexington, Kentucky

July 28 – August 1, 2015
Hyatt Regency Hotel



Updates from the Executive Council

Life Membership and Beyond in the TBSAA

by Justin Brady

“I am a Life Member, why do I need to continue my membership in the TBS alumni association?”



That is one of the most asked questions I receive as Membership Chair of the TBSAA. Upon graduation, we encourage all alumni of Tau Beta Sigma to become a Life Member. This is an important way to show your support for the Sorority and guarantees you certain privileges of membership for life. For many alumni, this might be as far as they want to take their alumni engagement. For those sisters wanting to be engaged at a higher level, that is where the Alumni Association comes in.



Justin Brady, TBSAA Vice Chair

We have created a new chart to show how your Alumni Association membership builds upon your Life Membership. We hope you will renew your membership this spring as we continue to incorporate new ways for you to stay involved as an Alumni. Remember to renew your TBSAA membership by June 1!

TAU BETA SIGMA ALUMNI OPPORTUNITIES

LM LIFE MEMBERSHIP BENEFITS **AA ALUMNI ASSOCIATION BENEFITS**

STAY CONNECTED

- Attend networking and social events at district and national conventions **LM AA**
- Receive sorority updates in *The Podium* online subscription **LM**
- Receive alumni updates in *The Rhapsody* **AA**
- Network professionally in Member-only LinkedIn group and mentorship program **AA**

GIVE BACK

- Dues help financially support sorority projects including NIB, Women in Music, and Wava Memorial Garden **LM AA**
- Provide leadership through committee participation **AA**
- Awards & grant opportunities for alumni supporting music programs **AA**

TO LEARN MORE & JOIN VISIT TBSALUMNI.ORG

LIFETIME MEMBERSHIP One-Time Only: \$350*	TBSAA ANNUAL DUES Membership: \$50
<small>*One year free TBSAA membership included</small>	Young Alumni & Life Members: \$30

Connect with your District's TBSAA Affiliate

Midwest District

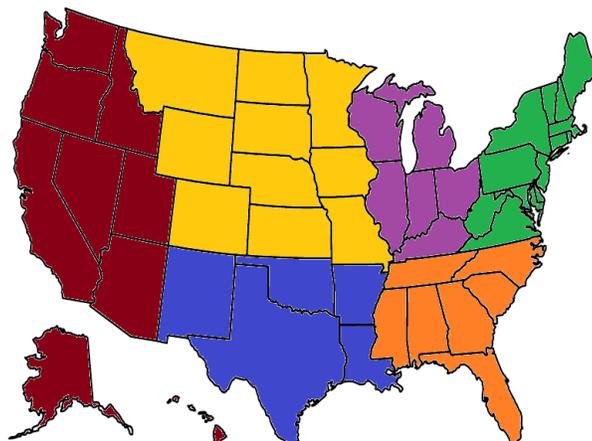
Zack Rebarchek
zrebarchek@gmail.com

Southwest District

Katie Dukes,
kdukes88@gmail.com

Western District

Jake Thompson
jakethomp11@tbsigma.org



North Central District

Jenny Hirt
ncdaa@tbsigma.org

Northeast District

Jasmine Johnson
jasmjohn1089@gmail.com

Southeast District

Chris Meserve
chrismeserve@tbsigma.org

TBSAA 5K Fun Run – Spring 2015!

by Tamara Henry

We are looking for people to volunteer to organize and assist with a 5K Fun Run to support K-12 Public School Instrumental Music Programs in the Washington, DC & Maryland area. The 5K will take place in Spring of 2015 but there is a lot of planning that needs to take place before then.

We will need assistance with:

- ◆ Fundraising

- ◆ Event Staff
- ◆ Marketing/Publicity
- ◆ Registration (Schools & Participants)
- ◆ Venue Selection

If you are interested in finding out more or supporting the Tau Beta Sigma Alumni Association in providing funding for these schools, please Kristen (Ulloa) Collins kristen@tbsigma.org or Tamara Henry tamara@tbsigma.org

You do not have to be a member of the Tau Beta Sigma Alumni Association to participate. We hope to make a great and positive impact on the students in our music programs.

Announcements: The information for the Distinguished Alumni Award and Music Programs Grant will be available on www.tbsalumni.org this Spring.



Tamara Henry, TBSAA
Special Projects Chair

Being an Engaged Alumni without being THAT Person

by Chris Foster & Amanda Dickson

During lunch one day during National Convention in Springfield, we were approached by a sister who had just graduated. After congratulating her and welcoming her to the TBSAA, she asked us for advice on what she called, "Being a good alumni without being THAT person." After some giggles, we asked what she meant. Like all chapters, hers had gone through some ups and downs while she was an active member. They had come to resent some of their alumni members who had offered up a lot of unsolicited advice and opinions about the chapter's activities. As two people with a lot of experience in being engaged alumni members, we offered her some tips for success and ways we felt she could avoid becoming THAT person:

Be excited for your butterfly stage. When you graduate, you finally get to spread your wings. Making it through the college experience, no matter how long it takes, is the equivalent of getting through your caterpillar and cocoon years and finally becoming the butterfly you've worked hard to become. It is often very difficult to let go of the wonderful memories and experiences of active membership, but there are so many exciting adventures on the horizon. While you will always be a Sister in Tau Beta Sigma, the experience of being an engaged alumni is as different from active membership as that of caterpillar and butterfly. Be excited for this new adventure.

It's about the actives. We often get asked why the alumni sit at the back of the room during district and national conventions. The reason is that these events, as well as most functions of the Sorority, are here for the active members. We had our time to be delegates and serve on committees, to perform the Ritual, and to serve our college bands. This is now their time so they can have the same amazing experience that we had. We sit at the back of the room to

show our support and be available as a resource whenever needed.

Wait for the invitation. The enjoyment of being in Tau Beta Sigma is infectious. Even after all these years, hearing the national cheer, or singing the Loyalty Song gets our service & sisterhood juices flowing. It's important that if you want to be a resource to a chapter or district, that you ask to help first. If you feel you have manpower, advice, or experience to contribute, communicate with the chapter sponsor and let them know how you would like to engage the chapter. If you would like to contribute to an upcoming district convention, communicate with the District Counselor.

Don't live vicariously through others. One thing to avoid is looking back in a way that makes you long for the 'old-days' so much that you can't let go of the chapter. As we spend our years as actives, we work hard to train new initiates and build our chapters, and when we leave, we have to trust that they will follow in our footsteps. One way to combat this feeling is to become an engaged alumni. Join the TBSAA. Join a local TBSAA affiliate. If there isn't one nearby, start one! The reason so many of us remain engaged is that this new adventure after college is so much better when it's shared. It is an experience we all share, no matter where we were active. We all love to hear about each other's successes in our professions, families, and personal lives. Plus, there is no better place than in a room of alumni Sisters when the stories start flowing.

Discover other ways to serve. One concept that is new to many sisters as they become alumni is that there are different ways to continue serving Tau Beta Sigma. It is no longer about hemming those uniforms and setting up the stage for wind ensemble. One of the biggest, most important ways alumni



Chris Foster, TBSAA Communication Chair
Amanda Dickson, TBSAA Chairperson

can contribute to the sorority is by doing exactly that: contributing. Become a Life Member. Contribute to the Trust Fund. Make a donation to your chapter. Every dollar contributed goes to supporting Tau Beta Sigma's programs and chapters.

Alumni can also contribute by promoting Tau Beta Sigma and college bands in their daily lives. Attend a band concert at the nearest university. Participate in your local community band. Put in a good word about Tau Beta Sigma when a friend is going off to college. Always stop when you see a marching band having a car wash. There are so many ways to make a real difference every single day and no contribution is too small.

These are just of the few ways that new graduates can keep Tau Beta Sigma as a part of their lives. The Tau Beta Sigma Alumni Association is always looking for new ways to keep our alumni engaged and involved. If you need an outlet for all the continued passion you have for Tau Beta Sigma, we are here for you. Please contact us at tbsaa@tbsigma.org; we would love to hear from you. The members of the TBSAA Executive Council all look forward to seeing lots of engaged alumni at National Convention 2015 in Lexington!

Reprinted from the Fall 2013 issue of The Podium.

The TBSAA Executive Council would like to extend our warmest congratulations to our own Leslie Twite on the occasion of her engagement to her fiancé Justin.



TBSAA is selling TBS crest playing cards!

To learn more and download the order form, visit: www.tbsalumni.org/merchandise

The Tau Beta Sigma Alumni Association is proud to welcome our newest affiliate group:



WESTERN DISTRICT ALUMNI ASSOCIATION

For more information about joining, contact Jake Thompson, WDAA President for TBS, at jakethomp11@tbsigma.org



Improving your LinkedIn Presence

by Skylar Buffington, Beta Sigma

We've all heard the stories of people networking their way into dream jobs. Networking on LinkedIn can seem like it's all up to random chance when you login and it says that 4 people have viewed your profile in the past month. Here are some great ways to improve your profile and start getting noticed.

Update your photo. Given a list of profiles, would you click on the profile without a photo, the one with a blurry picture, or one with a smiling face? Your picture should be recent, professional, and recognizable.

Make your Headline outstanding. The headline is right at the top of your profile. Use these 120 characters to introduce yourself with impact. Avoid using the default option of your most recent job title. Which sounds more interesting: "Small Business Owner" or "Pioneer of Monkey Sweaters: Marketer, Manufacturer, and Innovator"?

Review your Summary. The sum-

mary can be a bit difficult to complete if, like me, a blank page intimidates you. Write as if you've set down to coffee with the reader. The summary should present a description that makes the reader want to pursue a lasting business relationship with you. Read over your summary. Would you want to get to know that person better or do they sound a bit self-focused?

Include a call to action. Don't assume the person reading your profile knows what to do next. Would you want them to email you? Call you? Send a request to connect on LinkedIn? Buy one of your handcrafted monkey sweaters? Ask them to do so.

Join 1,000 groups. Okay, not 1,000, but consider at least 10-20. With over 1.8 million groups, there have to be a few that you find interesting. They provide an opportunity to add some more meat to your profile, to find new people to connect with, and to send messages directly to those

members. (If you're getting a lot of emails from those groups, you can update each group's contact settings.) Don't forget to join the TBSAA group as well at <http://www.linkedin.com/groups?gid=35239>.

Share relevant articles and status between 1:00 to 3:00 PM. This is the best time to share on LinkedIn. It's after lunch and your contacts' bellies are full and minds are apt to wander a bit. A quick post is a way to remind your network of you, your smiling face (see number 1), and the latest trends in monkey sweaters.

Use the search functions to expand your network. With a few quick clicks, you can get a list of all the LinkedIn members who went to your school or worked at the same company as you. Reconnect with old friends and make valuable new connections.

Manage your Skills & Expertise section. Make sure the ones that are listed are relevant to your career. If you want to change

careers from making monkey sweaters to zoo keeping, do you really want your endorsements for needlecrafts to be at the top of the list? Hide those that aren't still relevant and add those that are missing.

Pursue recommendations. This is the only part of your profile that isn't written by you. It's an excellent opportunity to back-up the story you've been telling in the rest of your profile. Seek out recommendations from colleagues, employers, and clients that you've impressed. There's no harm in prompting them as well with the kinds of things you'd like them to mention in their recommendation. Don't forget to give them an "out" as well.

You're now armed with some excellent tips to stop monkeying around and start standing out on LinkedIn.

Skylar Buffington is a Life Member of the Beta Sigma chapter at Purdue University. He currently resides in Austin, Texas.



We the Sisters...

This summer, the Executive Council will be asking the members of the TBSAA to consider revisions to the TBSAA National Constitution. As organizations evolve, it's important that their governing documents are revised to reflect current practice and policies.

Keep an eye out in June for communications regarding these amendments!

It's Membership Renewal Time!

taubetasigma  alumniassociation

With the new membership year of June 1 to May 31, the time has come to renew your TBSAA membership for the upcoming year, which will include the 2015 District Convention season!

Visit www.tbsalumni.org/membership to download the membership form.

The Tau Beta Sigma Alumni Association provides worthwhile programming, support for greater bands, networking opportunities and professional development to TBS alumni and associates while furthering the ideals of Tau Beta Sigma. The Tau Beta Sigma Alumni Association cultivates relationships among music professionals, other professionals and the community while focusing on empowering women.

District Conventions—March 2014

